

2023 GC Sports
Men's Basketball League Rules
(IHSAA rules + adaptations):

1. Substitutes are only allowed if a team has 6 or fewer players.
 - a. When using subs for a game, the lineup may not exceed 7 players.
 - b. Subs are only allowed to play on one team per season.
2. Only players on the official roster may play in the tournament...no subs.
3. All players must record their jersey # and first and last name in the scorebook upon arrival on the court.
4. All players must wear a jersey (purchased thru GCC) or other uniformly colored team shirt. Team conformity is under the discretion of the officials and GCC staff.
5. Teams must have at least 4 players to play a game.
6. There is a 5-minute grace period for all games. Players must be on the court, dressed and ready to play within this time or else the game may be forfeited.
7. All games = two 20 minute halves with a 5 minute half time. Each team gets 2 one-minute time-outs per game. In OT, each team gets one 30-second time out. Games (& OT) start with a jump ball.
8. The clock will run continually except for the last 2 minutes of the game and for time outs. (If a team is ahead by 20 points or more, the clock does not stop, but if the lead falls below 20, clock stoppage rules will be reinstated.)
9. Games ending in a tie will go to overtime. 2 minutes in length, with the 1st minute being a running clock and the last being under end of game clock-stoppage rules.
10. Free Throws – players on the lane can break on the release of the shot. The shooter and any player behind the three point line must wait until the ball hits the rim.
11. Unsportsmanlike Conduct for cussing/abusive language, or rough physical play, or questioning the calls of the officials.
 - a. First offense results in a Technical Foul by the official. The player must sit out for five minutes (if the clock is under five minutes in the game, the player must sit out remainder of the game).
 - b. Second offense results in a Technical foul and the player is ejected from the game and must sit out a minimum of one game (but could be more). The player must also meet with the Sports Director or assigned GCC staff person before they will be allowed to return to play.
 - c. If a player is issued a technical foul in multiple games, the Sports Director or assigned GCC staff may reserve the right to suspend that player from play.



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SPORTS**

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**updated Feb 2022*